

How to collect the **samples?**



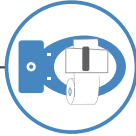
1

Be sure that each sample bottle is correctly labeled with your information and the number of the sample (1, 2 or 3).



2

Wash your hands well before and after specimen collection.



3

Place a toilet paper between the toilet seat and toilet bowl or use a disposable clean and dry plastic container, then have your bowel movement on top of the collection paper or into the plastic container



4

Remove the green cap by twisting and pulling upwards.



5

Collect the fecal sample with the sampling probe by scraping from different areas of the surface of the feces.

Collect the amount enough to cover the groove of the probe only.

*In case of diarrhea follow these instructions:

- Diarrheal stool: scrape from as wide a range of the feces surface as possible.
- Watery stool: scrape 2 times for 1 sampling bottle.



6

Insert the sampling probe straight to the sample collection bottle and close the cap. Do not repeat more than once.

Shake the bottle vigorously up and down several times.



7

The sample collection tube can be stored in a specimen bag at room temperature for up to three consecutive days (an air-conditioned room) or in a refrigerator for up to seven days.

Once you collect the 3 samples, drop them off altogether as early as possible to the nearest PHCC laboratory.